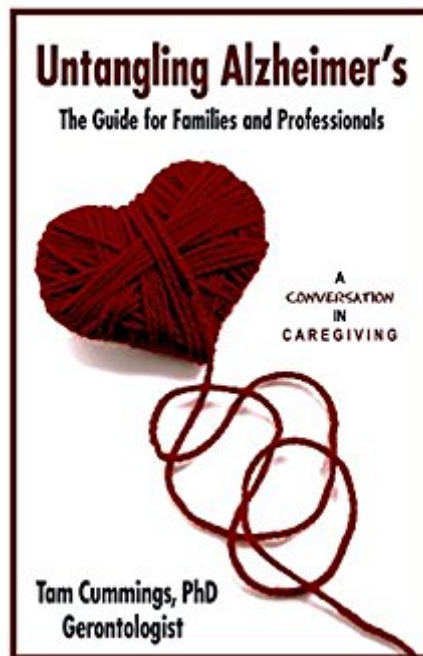




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# Untangling Alzheimer's: The Guide For Families And Professionals (Untangling Dementia - A Conversation In Caregiving Book 1)



## Synopsis

A gerontologist explains dementia and Alzheimer's disease, from diagnosis to death in terms family and professional caregivers can understand. The stages of dementia, the history of Alzheimer's and the physiology of the disease are explained. Communication techniques, working with and tracking combative behaviors for the doctor are discussed, as well as techniques to address caregiver stress. Activities for person's with dementia are offered. The progression of the disease with an emphasis on the A's of Alzheimer's are provided, giving caregivers a clear explanation of falls, loss of speech, movement and memory. Vignettes from case histories are used to illustrate key points in the book. A detailed and compassionate explanation of the end of life is presented for caregivers.

## Book Information

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## Customer Reviews

Contains more information then you will probably get from your doctor upon diagnosis. I found this book extremely helpful and wish the book was made available to me right away. I searched the internet, purchased other books, but this one was the most helpful and provided more insight of the disease. I am aware that each patient is different but this book will be a valuable tool in guiding you

in caring for and understanding the patient. and the disease. I just wish I was aware of the book early on as it would have saved me and my husband, who has Alzheimer's, a boatload of grief. I even purchased books for my daughter and sister to help them better understand the disease. I really did have to put the book down for a day after I started reading...It is that powerful.

This book shared a lot of information in a very readable fashion. I enjoyed the book and learned a tremendous amount. As another reviewer stated, the book covers a variety of dementias, and dementia as a whole. My relative does not have Alzheimer's, and while her specific type wasn't addressed in depth, I learned more than enough about the spectrum of the disease to feel justified in saying this book is for all those affected by any of the dementias. It helped me to understand the disease itself, its progression, and its effect on families and caregivers. It shared information about dealing with daily tasks, interacting with the person with dementia, and other such useful information. It also had tips about caregiving and coping in that role. However, the very poor editing caused me to lower my rating by one star. Certain sentences were unintelligible, and many others had to be read several times to grasp the meaning.

This book gives you scientific information and practical care-giving help. I feel much more at peace after reading this book about the future with my affected loved one. It is hard to know if you are doing enough or doing things correctly. This book really helps with that. Written with obvious love and compassion.

My mother recently died from Alzheimer's (my father, one sister and myself were her caregivers) and this book of all the books I read was the single absolute best. It covers what occurs in Stages One through Seven giving the reader/or caregiver, or both the best ability to determine where their loved one is in the process. I'd urge every person studying the disease to also own a copy of this in their personal library.

This is an extremely helpful book for those who are caretakers of loved ones with Alzheimer's or other dementias. Tam, the author, writes in an easy-to-understand, conversational manner, so you don't need to be a doctor to "get it." She lists the stages of Alzheimer's and how the disease affects the brain, as well as the pattern in which damage occurs in the brain. She also discusses other dementias and how they progress. For anyone helping someone through their "long goodbye," this is a must-read.

Since my mother's diagnosis of Alzheimer's Disease, I have read everything I could find, researched every blog, looking for answers. This book is miles ahead of anything I have found. Tam is clear, explaining how the disease progresses in stages and offering suggestions at every turn. I only wish I had found this book first.

Not quite done, but great read in breaking down the complex medical aspects into understandable plain language. I will say that the editor/proofer should be fired...there are a lot of typos but it doesn't detract from the content. It does drive my OCD a bit crazy!

One of the best books explaining and describing the various layers of dementia/alzheimers. Excellent, descriptive and helpful.

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